



High Commission of India, Nairobi

Invites you to join from your home

Online Celebration of

INTERNATIONAL DAY OF YOGA



10.00 AM – 11.30 AM

Saturday 20th June, 2020

Additional Dedicated Sessions

AFTERNOON

- 22 June : Lake Victoria Region **7-8 PM**
- 23 June : Rift Valley Region **5.30-6.30 PM**
- 24 June : Mount Kenya Region **7-8 PM**
- 25 June : Eastern & North Eastern Region **7-8 PM**



MORNING

- 21 June : Hindu Council of Kenya **9.30-11 AM**
- 27 June : India Business Forum **10-11 AM**
- 28 June : Somalia **10-11 AM**